




# ANATOMY OF A STICK OF Butter

one stick - 4oz. - 113g

	1/4		1/3	1/2			
 <b>1</b> tsp	57g		75g	113g			
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
14g	28g	42g	57g	70g	84g	98g	113g

