

Flour

conversion



US CUPS TO GRAMS



cups



ounces



grams

$\frac{1}{4}$ = 1.1 = 30

$\frac{1}{2}$ = 2.2 = 60

$\frac{3}{4}$ = 3.3 = 95

1 = 4.4 = 125

2 = 8.8 = 250